Once you have been accepted to and have decided to attend the South Africa program, you must submit a packet containing the following forms to **Pr. Mark White**:

1. Data Form
2. Health Information Form
3. Assumption of Risk and Condition of Participation Form
4. A copy of your ISIC card (the card can be purchased at STA Travel in Newcomb Hall or Peace Frogs for $25)

Please note: the Assumption of Risk and Condition of Participation Form is a standard form. For sections that do not apply (eg: transfer credit and leave fee), please cross out paragraph (do not initial it).

Mark White will not accept incomplete packets: your packet should include the 4 documents listed above. Failure to submit the required documents may result in cancellation of your participation in the program.

Thank you and “bon voyage”!!!
Murielle Kervizic, Assistant Director of Study Abroad
I. PERSONAL INFORMATION

Full Name: ____________________________________________  Today’s Date: ____________________
(First)  (Middle)  (Last)

SS #: ____________________ Birthdate: ________________ Ethnicity (optional): _________________________

☐ Virginia Residency  ☐ Out-of-State Residency  ☐ Female  ☐ Male

U.S. Citizen?  Yes ☐  No ☐  If NO, Country of Citizenship/Passport: ________________________________

Local Address: ________________________________________________________________
Phone: ____________________  E-mail: ____________________________________________

Standing at UVA while you are abroad: ☐ 2nd year  ☐ 3rd year  ☐ 4th year  ☐ other: ________________

CUM GPA: ____________________

School of Enrollment: ________________  Major: ________________  Minor: _______________________

II. STUDY ABROAD PROGRAM INFORMATION

Program to which you have been accepted:

Sponsoring Agency (If applicable)  __UVA/COMM school

Host university: ________________________________________________________________

City: ____________________  Country: South Africa____________________________

Planned period abroad: Spring break  Year: ________________

Planned departure date: ____________________  Planned date of return to UVA: ________________

To which institution will you pay tuition/fees while abroad?

__________________________________________________________
III. POLICIES and PROCEDURES

(Please read carefully and initial next to each statement)

_______ I have attended a “Study Abroad General Information Session”

_______ I have not committed an honor or disciplinary infraction while a student at UVA

_______ I understand the University of Virginia policies and procedures for study abroad, including course approvals, transfer of credit, and payment of tuition and fees.

Signature of Student: ________________________________________________

Date: ____________________________

International Studies Office  2nd Floor Minor Hall  (434) 982-3010
studyabroad@virginia.edu
Every University of Virginia study abroad participant must

*read, sign, and return this form*

indicating that they understand health issues that may relate to participation on a study abroad program.

I. Medical Conditions

The University of Virginia recommends that all students get a thorough physical examination before participating in study abroad. Discuss with your physician your intent to study abroad and get advice for managing your physical and emotional health while in another country. Describe your health condition (allergies, medications, disabilities, psychological treatment, dietary requirements, and medical needs) with your physician, and seriously consider the appropriateness of your participation in study abroad in your chosen host country.

**Actions:**

1. If you have any medical or psychological condition that may require attention while you are abroad, discuss this with your physician before going abroad.
2. Ask your physician if your medication will be readily accessible in your host country.
3. Take necessary medications (in original, labeled containers) *and* written prescriptions with you.
4. It is advisable that you carry a letter from your doctor explaining the use of your medication so it is not suspected as contraband.
5. Get necessary immunizations well in advance of your departure. See the CDC web page for relevant immunizations. http://www.cdc.gov/travel

II. Medical Facilities/Services

Medical facilities and services will *not* be the same in every country. It is important to understand as much as possible about the facilities and services in your host country before you should need them.

**Actions:**

1. Be sure you get information in your program-specific on-site orientation about medical facilities and services in your host city/country.
2. You will need to understand where to go for common health needs (i.e., cold, stomachache, flu, etc.) and where to go for emergencies or major medical needs.
3. You will need to know how medical services are paid for (i.e., out-of-pocket by the student, host country or institution, insurance, etc.).
4. Understand your insurance coverage before going abroad (does your insurance policy cover you in another country, what is covered, what is not, how do you make claims, etc.).
5. You will need to know who to contact in case of a medical emergency.
III. Mental Health

Not all countries have mental health support services similar to that in the U.S. Thus, students may not have access to mental health services in some countries. Whether students have utilized mental health services in the past or not, it is important for students to know if, what, and where those services are available in their host country.

Actions:
1. All students should be prepared for cultural adjustment before studying abroad. The UVa Study Abroad handbook provides information about transition adjustment and culture shock (http://www.virginia.edu/iso/studyabroad/index.html). Although this information will not prevent students from experiencing adjustment problems, it will prepare them for the symptoms, the expected cycle, and some helpful advice for a successful adjustment.
2. Students who are currently, or have utilized mental health services in the past, should contact UVA Counseling and Psychological Services (CAPS) before going abroad. CAPS should be advised as to your needs in case a telephone consultation is required while abroad.
3. Students who are currently involved with mental health services should discuss the advisability of participating in study abroad and issues related to cultural adjustment with their mental health practitioner.

IV. Emergency Protocol

The majority of students participating in study abroad never experience an emergency while abroad. However, in the unlikely event that you should experience an emergency situation, it may be less traumatic when you are prepared to deal with it effectively and efficiently. Your study abroad program director will have emergency procedures for various situations. It is important that you maintain close communication and let your program director know where you are at all times.

Actions:
1. Carry some form of identification with you at all times (your name, your host country address, host country phone #, passport and visa #)
2. Carry emergency numbers and contacts with you:
   - local police
   - study abroad or residential coordinator in host country
   - parent/guardian/emergency contact at home
   - International Studies Office
   - Embassy in host country
   - Insurance contact information
   - physician and mental health practitioner at home
3. Know where the local hospitals are located and how to get there
4. By preparing yourself to respond to different types of emergencies you will feel more confident that you know what to do in the rare event that an emergency should occur:
   - natural disaster
   - medical / mental health injury or trauma
   - civil unrest / terrorism
   - criminal violence or trauma
V. Students with Disabilities

Students with disabilities wishing to study abroad should contact the International Studies Office for further information.

By signing below, I indicate that I have read and understood the above stated recommendations about health and safety related to study abroad.

________________________________________________

______________________
Signature

Date
ASSUMPTION OF RISK AND CONDITIONS OF PARTICIPATION
In NON-UVA STUDY ABROAD PROGRAMS

Read CAREFULLY and initial on each line indicating that you understand and agree with the specified statement.

Leave of Absence and Travel Risks

_______ The University of Virginia (hereafter known as UVA) has allowed me to make arrangements that will permit me to participate in and receive academic transfer credit for a study abroad experience. The study abroad program I will be attending is not sponsored by nor organized by or in any way related to or affiliated with UVA.

_______ Although UVA is able to provide me with certain information regarding various study abroad opportunities, UVA does not warrant in any way the accuracy or completeness of such information, including, without limit, information related to the study abroad program I have chosen to attend. I acknowledge and understand that UVA has not undertaken an independent investigation or assessment of any aspect of the study abroad program I have chosen to attend, including, without limit, the content or quality of the academic program, instructors, facilities, the adequacy of the living arrangements, or the safety of the location(s) in which my study abroad program may be conducted. I acknowledge that I have chosen to participate in my chosen study abroad program despite the aforementioned and that my participation is in no way required by UVA.

_______ I realize that international travel and study, including participation in study abroad, involves significant inherent hazards and risks, both foreseeable and unforeseeable, including travel in difficult terrain and inclement weather; inadequate or unhealthy food and water supplies; accidents or collisions involving planes, trains buses, automobiles, or other modes of transportation; acts of terrorism, vandalism, or war; storms, earthquakes, or other natural disasters; government restriction or regulation; theft or other criminal acts; and accident or illness in remote locations without access to appropriate medical facilities. These risks and hazards may result in serious physical injury, illness, death, and damage to or loss of property, and I assume all such risks.

_______ In consideration of UVA permitting me to take a leave of absence for foreign credit and be eligible for transfer credit for all pre-approved coursework, I hereby release and covenant not to sue and forever discharge UVA and its Board of Visitors, officers, employees and students from all claims, demands, liabilities, damages, and losses arising out of, or in any way related to my selection of or participation in, or in any way connected with my study abroad program.

Academic Policies and Procedures

_______ UVA students make application for leave to study abroad in the International Studies Office in Minor Hall. For students who qualify, study abroad is permitted for two semesters on accredited study abroad programs or at an accredited foreign university and/or up to three summers. Approval of the application prior to departure, good standing at UVA, and a minimum grade point average of 2.5 after the student's most recent enrollment in Charlottesville are necessary to have credits transferred to the University of Virginia from a foreign institution or accredited study abroad program. Transfer credit is allowed only for those courses in which a grade of C or better has been earned. All courses must be taken for a letter grades (pass/fail courses can not be transferred). Grades do not transfer and do not impact the student's cumulative grade point average at the University of Virginia. A maximum of sixty credits may be transferred to the University from a combination of testing programs and academic institutions, domestic or foreign. All study abroad courses must be PRE-APPROVED to be eligible
for transfer credit at UVA.

Study Abroad

Study Abroad is first and foremost an academic experience. UVA students are expected to participate in their respective study abroad programs to the fullest extent of the program (i.e., orientation, classes, group trips and activities, standards of academic work and responsible conduct).

I understand that I am responsible for maintaining academic eligibility for transfer credit from my study abroad program. I understand the policies and procedures for transfer of credit from study abroad as described in the UVA Study Abroad Handbook.

I understand that if I do not submit a signed copy of the Transfer of Credit Approval form before I attend my program abroad, I risk not receiving credit for the courses I take abroad.

Code of Conduct

UVA students are expected to follow the university standards of conduct and responsibility as well as any stated codes of conduct from the host institution/agency. UVa students abroad are under the jurisdiction of the Honor system.

I understand that during free time within my study abroad program, my absence from my study abroad classes or group activities, and during my independent travel, neither UVA nor my host staff are responsible for me and/or my actions.

I understand that as an American citizen (or foreign citizen) in another country, I will be subject to the laws of that country. I agree to conduct myself in a manner that will comply with host country laws and with the regulations of my host university and/or program. I understand that my host university and/or program has the right to terminate my participation in the program if, in the judgment of my hosts, my conduct is unacceptable and/or disruptive.

Costs and Payments

I understand that submission of my LEAVE OF ABSENCE application obligates me to a $75 Leave Fee, which will be charged to my student account.

I understand that I am solely responsible for all costs incurred by and related to my voluntary participation in my study abroad program.

I understand that I am solely responsible for any and all costs arising out of my own voluntary or involuntary withdrawal from the study abroad program prior to its completion, including withdrawal caused by illness or disciplinary action.

I understand that I am required to have adequate health, accident, and evacuation insurance to cover myself during participation in my study abroad program, including travel before and after my program.

Authorization and Agreement:

I certify that the information on application for study abroad is true and accurate.
I hereby waive my right of access to letters of reference, which may be submitted in support of my study abroad application.
I understand that if any information is found to be false, my application to study abroad will be terminated.
**By signing this document,** I hereby acknowledge that I understand and accept the above costs and conditions of this activity.

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